

## Understanding Tribal Exclusion through a Sociological Lens

**Akash Bramhane** Assistant Professor Department of Sociology, Shivaji University,  
Kolhapur Email ID: [akashbramhane48@gmail.com](mailto:akashbramhane48@gmail.com) , Mob. No. 9822872510

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### Abstract:

The Indian tribal population, comprising diverse indigenous communities, has a rich cultural heritage, rich traditional knowledge, vibrant art forms, distinct socio-economic characteristics and sustainable practices that are integral to their identity. These communities often reside in remote and marginalized areas, facing unique challenges that contribute to social inequalities. Also, experiencing socio-economic disadvantages such as limited access to education, healthcare, and employment opportunities. These disparities are compounded by factors like land alienation, displacement due to development projects, and discrimination. This study aims to delve into the intricate multifaceted aspects of tribal exclusion and inclusion, shedding light on the underlying causes through a sociological lens.

The concept tribal exclusion refers to the systematic marginalization and denial of basic rights faced by tribal communities. Exclusion manifests in various forms by perpetuating a cycle of poverty, limited social mobility, and cultural erosion. The study aims to highlight the mechanisms that contribute to tribal exclusion. On the other hand, inclusion refers to the process of integrating tribal communities into the social fabric, ensuring their participation, representation, and access to resources. Inclusive practices encompass policies and initiatives that address the specific needs and rights of tribal communities.

The present research paper is based on secondary data including books, articles, and analysis of existing literature, this study seeks to illuminate the complex interplay of factors from sociological perspectives. By gaining insights, we aim to inform interventions that foster inclusivity, empower tribal communities, and bridge the gap between tribal and non-tribal areas. By comprehensively understanding tribal exclusion, this study aspires to contribute to a more equitable and inclusive society, where the rights and aspirations of tribal communities are respected, celebrated, and integrated into the fabric of the nation.

**Keywords: Tribals, Exclusion, Inclusion**

### Introduction:

The concept of tribes refers to social groups that are typically united by shared cultural, linguistic, and often ancestral ties. Tribes are often characterized by a strong sense of community, common identity, and social organization. Historically, tribes have been prevalent in various regions around the world, and they have played a significant role in shaping social structures and identities. The tribal exclusion is rooted

in historical, social, and economic factors that have led to the marginalization of certain tribal groups. Some key elements contributing to the tribal exclusion are: Resource Competition, Ethnic and Cultural Differences, Political Dynamics, Social and Economic Inequalities, Legal and Institutional Factors, Globalization and Modernization. The tribal exclusion requires a multidimensional analysis that considers historical, social, economic, and political factors. Addressing tribal exclusion often involves efforts to promote inclusivity, cultural understanding, and social justice, along with policies that address systemic inequalities and discrimination.

In the realm of sociology, the study of tribal exclusion and inclusion delves into the intricate social dynamics that shape the relationships among different tribal or ethnic groups within a society. Sociologists investigate how patterns of exclusion and inclusion emerge, the structural factors that sustain them, and the consequences for social cohesion and individual well-being. Tribal exclusion, from a sociological perspective, refers to the processes through which certain groups are marginalized or isolated based on their tribal or ethnic affiliations. This exclusion is often a product of social constructions, power differentials, and historical legacies that create divisions within societies. Sociologists also analyse how these divisions manifest in everyday interactions, institutional practices, and broader societal structures, leading to unequal distribution of resources, opportunities, and social privileges. On the flip side, they also examine the dynamics of tribal inclusion, which involves fostering a sense of belonging and equitable participation for all tribal or ethnic groups within a society. Inclusionary practices can counteract the divisive tendencies of exclusion, promoting social cohesion, diversity, and shared societal values. Understanding the mechanisms that facilitate inclusion is crucial for creating more harmonious and just societies. Examining tribal exclusion through a sociological lens provides a comprehensive understanding of the complex interplay of the factors that contribute to the marginalization of certain tribal groups. By adopting various sociological perspectives, such as functionalism, conflict theory, and symbolic interactionism, and intersectionality researcher delve into the root causes, manifestations, and consequences of tribal exclusion. By unravelling the layers of tribal exclusion through a sociological lens, we pave the way for informed interventions and societal transformations that aspire to create a more just and inclusive world for all tribal communities.

**Social Exclusion-** The term “social exclusion” was originally coined by Rene Lenoir, in France in 1974 to refer to various categories of people such as “mentally and physically handicapped, suicidal people, aged invalids, abused children, substance abusers, delinquents, single parents, multi-problem householders, marginal, a social person, and other social misfits”. But this term encompasses many dimensions: social,

economic, legal and political. In India, unique forms of exclusion are observed where certain group like the Dalits, Tribes, and Minorities experience systematic exclusion in regard to accruing the benefits of development, and institutional inequality and discrimination have been prevailed in the society.

Here are some definitions of Social Exclusion:

Silver- ‘Social exclusion is multidimensional process of progressive social rupture, detaching groups and individuals from social relation and institutions and preventing them from full participation in the formal, normatively prescribed activities of the society in which they live.

Bauvinic- Inability of individual to participate in the basic political, economic and social functioning of society and goes on to add that it involves “the denial of equal access of opportunities imposed by certain groups in society upon others.”

Amartya Sen observes that social exclusion emphasizes the role of relational feature in deprivation. On the whole, social exclusion may be termed as a process by which, certain groups are wholly or partly denied from full participation in the development activities-social, economic, cultural and political life of societies. Thus, social exclusion refers to process in which individuals and entire communities of people are systematically blocked from rights, opportunities and resources that are normally available to members of society and which are key to social integration.

### **Understanding Tribal Exclusion through a Sociological Lens**

**1) The Structural-Functionalist Perspective** - is a theoretical framework in sociology that views society as a complex system composed of various interconnected parts, each serving a specific function to maintain overall social stability and order. This perspective emerged in the early to mid-20th century and was developed by the works of sociologists like Emile Durkheim, Talcott Parsons, and Robert K. Merton.

In the context of tribal exclusion, structural functionalism suggests that the social structures and institutions in place may contribute to the marginalization of tribal communities. The existing power structures and hierarchies within society may favour dominant groups and perpetuate the exclusion of tribal populations. This can manifest in various ways, such as limited access to resources, unequal opportunities, and limited representation in decision-making processes. Structural functionalism also highlights the importance of social institutions, such as the government, legal systems, and social norms, in shaping the exclusion experienced by tribal communities. These institutions may inadvertently reinforce existing inequalities or fail to adequately address the unique needs and challenges faced by tribal populations. Functionalists argue that societal cohesion and stability is necessary for the smooth functioning of society and is maintained through shared values, norms, and social institutions. From this perspective, tribal exclusion may be seen as a mechanism that reinforces a sense of

unity and identity within certain groups. Functionalism also emphasizes the division of labor as a fundamental aspect of social organization. In the context of tribal exclusion, this perspective might suggest that different tribal groups perform distinct roles within society. Exclusion could be perceived as a way to maintain this division of labor, with each group contributing to the overall functioning of the society in a specific way. Functionalism acknowledges the need for societies to adapt to changing circumstances. In the case of tribal exclusion, this perspective might explore how exclusionary practices have adapted over time in response to shifting social, economic, or political contexts. It's important to note that while the functionalist perspective provides insights into the potential functions of tribal exclusion within a society, it doesn't necessarily advocate for or justify such practices. Sociologists using this perspective aim to understand how social structures contribute to the overall stability of a society, even if some of these structures, like tribal exclusion, may have negative consequences for certain groups within the society. Other sociological perspectives, such as conflict theory or symbolic interactionism, offer different lenses through which to tribal exclusion and its implications can be analyzed.

**2) The Conflict Perspective** - is a theoretical framework in sociology that views society as a system characterized by inequality, power struggles, and competition for resources. Unlike the structural functionalist perspective, which emphasizes social order and stability, the conflict perspective focuses on the conflicts and tensions inherent in social structures. This perspective is rooted in the works of Karl Marx, Max Weber, and other sociologists who emphasized the role of power, class struggle, and social inequality in shaping societies.

The conflict perspective in sociology applied to the study of tribal exclusion by examining the power dynamics, inequalities, and struggles for resources and representation between different tribal or ethnic groups within a society. In the case of tribal exclusion, conflict theory highlights the conflicts that arise between scheduled tribes and dominant social groups, such as the state or powerful corporations. These conflicts often revolve around issues like land rights, natural resource exploitation, and development projects that disproportionately impact tribal communities. The dominant groups may seek to control and exploit resources, leading to the marginalization and displacement of tribal populations. Power Imbalance, Resource Distribution, Class Struggle, Competition for Representation, Role of Institutions, Ideological Justifications, Social Movements and Resistance are several factors from which the conflict perspective applies to tribal exclusion. It emphasizes the need to address underlying structural inequalities and advocate for social justice and equitable resource distribution to ensure the inclusion and well-being of tribal populations.

**3) Symbolic Interactionism** - is a sociological perspective that focuses on the subjective meanings that individuals attach to objects, events, and behaviours in their social world. Developed primarily by scholars like George Herbert Mead, Charles Horton Cooley, and Herbert Blumer, this perspective emphasizes the role of symbols and interactions in shaping social reality. The key concepts associated with Symbolic Interactionism are: Symbols, Meaning, Self and Identity, Role-taking, Interaction and Communication, Labelling Theory, Social Construction of Reality, Micro-level Analysis etc. In the context of tribal exclusion, symbolic interactionist perspective emphasizes that how individuals within tribes or ethnic groups construct and interpret the meanings of symbols, interactions, and labels. This perspective provides insights into the micro-level dynamics and symbolic processes that contribute to tribal exclusion. For instance, negative stereotypes or prejudices towards tribal communities can lead to their exclusion and marginalization. These stereotypes may result in discriminatory practices, limited opportunities, and social stigmatization. On the other hand, positive symbols and interactions can contribute to the inclusion and empowerment of tribal communities. Symbolic Interactionism highlights how individuals within tribe's attribute meanings to their tribal identities, how these symbols contribute to a sense of belonging and identity within the tribe and how they may be used to distinguish and exclude others. This perspective also underscores the social construction of in-groups and out-groups. Tribes may construct symbolic boundaries, defining who belongs to the 'us' (in-group) and who is considered 'them' (out-group). This process of defining boundaries through symbols and interactions contributes to the exclusion of certain tribes. While communication plays a crucial role in tribal interactions, symbolic interactionism looks at how communication breakdowns can lead to conflicts and exclusionary practices between tribes. The perspective of labelling theory within Symbolic Interactionism can be applied to exclusion. American sociologist Howard Becker has given the labelling theory in his book 'Outsiders' (1963). Certain tribes may be labelled as deviant or 'other,' contributing to their marginalization and exclusion from mainstream social interactions. Negative labels can contribute to the exclusion of certain tribes by reinforcing stereotypes and biases. By focusing on the symbolic processes, meanings, and interactions within tribes, Symbolic Interactionism provides a nuanced understanding of how tribal exclusion is constructed and maintained at the individual and interpersonal levels. It highlights the role of symbols, labels, and communication in shaping perceptions, identities, and social boundaries between different tribal groups.

**4) Intersectionality** - is a theoretical framework within sociology and other disciplines that examines how various social categories such as race, gender, class, sexuality, and

others intersect and mutually reinforce each other, leading to unique and complex forms of social inequality and discrimination. Intersectionality is coined by Kimberlé Crenshaw in the late 1980 and it challenges traditional approaches that treat social categories in isolation and emphasizes the interconnectedness of multiple social identities in shaping individuals' experiences within societal structures.

Intersectionality in sociology provides a valuable lens for understanding tribal exclusion by emphasizing the complex interplay of various factors such as ethnicity, race, class, gender, and more, in shaping the experiences of individuals within tribal communities. There are several ways to from which intersectionality focuses on tribal exclusion- Intersectionality recognizes that within a tribe, individuals may hold multiple identities, such as being a member of a specific gender, class, or age group, which intersect with their tribal identity. These intersections influence their unique experiences of exclusion. Power dynamics within tribal communities acknowledges that certain individuals or groups within a tribe may hold more privilege or face greater marginalization based on the intersections of their identities. For example, tribal leaders may have different experiences and access to power compared to other members, influenced by factors such as gender, age, or socioeconomic status. Tribal exclusion is often intertwined with cultural norms and gender roles. Intersectionality allows for an examination of how cultural practices may disproportionately affect individuals with specific intersecting identities. For instance, women within a tribe may experience exclusion differently compared to men due to the intersection of gender and tribal identity. Economic factors, such as class and access to resources, play a role in tribal exclusion. Policies and practices within tribal governance, educational systems, or legal frameworks may impact individuals differently based on the intersections of their identities. Understanding tribal exclusion through an intersectional lens also considers the ways in which individuals and groups within tribes resist exclusion and engage in activism.

In essence, intersectionality in sociology provides a comprehensive framework for analyzing the multifaceted nature of tribal exclusion, recognizing the diversity of experiences within tribal communities and highlighting the importance of addressing intersecting social categories in efforts to promote inclusion and social justice.

### **Conclusion-**

This exploration of tribal exclusion through a sociological lens highlights the multifaceted nature of marginalization faced by tribal communities. The analysis underscores the interplay of historical injustices, socio-economic disparities, and cultural misunderstandings that perpetuate exclusion. By employing a sociological framework, we can better understand the systemic barriers that tribal groups encounter and the resilience they exhibit in response. To address tribal exclusion requires not

only policy changes but also a shift in societal attitudes towards these communities. It is essential to promote inclusive narratives that recognize the rich cultural heritage and contributions of tribal populations. Ultimately, fostering greater understanding and collaboration between tribal and non-tribal societies is crucial for creating a more equitable future. By recognizing and addressing the structural factors that contribute to exclusion, we can work towards a society that values diversity and promotes social justice for all.

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