

## Women Education and Empowerment

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### Abstract

Women's empowerment refers to the process of enabling women to take control of their lives, make informed decisions, and participate fully in society. It involves addressing the social, economic, and cultural barriers that prevent women from reaching their full potential. Holistic Women's Empowerment and Education refers to an approach that integrates the social, emotional, physical, and spiritual aspects of women's lives to promote their overall well-being and empowerment.

Women develop a deeper understanding of themselves, their values, and their goals. By adopting a holistic approach to women's empowerment and education, we can create a more inclusive, equitable, and just society where women thrive and reach their full potential. Women's undergone significant transformations in education over the years, with notable progress in many parts of the world. Women's enrollment in education has increased substantially, with more girls and women accessing primary, secondary, and higher education and are pursuing education and careers in diverse fields, including STEM, business, healthcare, and more.

### Introduction

Women's are the building blocks of society. They play a vital role in empowering every aspect of society and the nation. A nation is considered as well established and empowered only when the female population of the country is established, empowered, and safe. Education is that key element that helps every individual conquer the greatest war and also create the most impactful changes in the world.

A woman is such an individual who has the knowledge and temperament to create lives with meaning. Promoting women's education is as necessary and useful as oxygen is for breathing. India has been able to generate some of the famous leaders who are female. Yet, in most of the portions of the country, women still lack the benefit of getting an education and are deprived of their basic amenities and rights.

Importance of women's education

- Economic development: Educated women can contribute to the economic development of their countries.
- Social development: Educated women can contribute to the social development of their countries.
- Health: Educated women are more likely to lead healthy lives.
- Decision-making: Educated women are more likely to participate in decisions that affect them.
- Poverty alleviation: Educated women can help alleviate poverty.
- Role models: Educated women can act as role models for younger generations.

### Types of women's education

- General education: Education at schools and colleges
- Vocational and technical education: Education that prepares women for specific trades or technical skills
- Professional education: Education that prepares women for specific professional roles

- Health education: Education that helps women make informed decisions about their health.

### **Importance of Women's Education**

Education is a basic right for everyone. Education for all is one of the major tasks that the Indian government is working on, but still, India holds the lowest female literacy rate in the Asian region. Society takes birth from the woman herself, and when the woman is not given the access to education, then the society will be debarred from all the primary cultures, habits, and traits that a human must inculcate in them.

When a woman is literate in a family, it brings out the best versions of a human being in them. The importance of a woman's education is reflected in the generation of the family and the way of living of the family.

In a society, equality matters a lot to maintain a balance. Discrimination and inequality are the two cursed spells of society that creates an imbalance in society. Only prioritizing the male gender in society brings out all the negativities in a society and then in the family itself. Depriving the girl child of attending schools or restricting them from getting their basic rights makes them weaker. They suffer domination from the male section of society. This makes a society weaker and even violates the basic rights of a human. Democracy is only applicable and is flexible when the individuals of the society live freely and equally in the society.

Education for women is important because it makes them empowered and independent and helps them build self-confidence. It helps them dream and aim for a better future. It boosts their strength and gives them the spark to work harder for themselves and achieve their dreams.

#### **Women's Education in India**

After India gained its independence, the ideology of females was meant for household change. Higher education for the girls was what came into action, and many went for the same. But when the education system became available for the women, then only the higher section of the society was able to avail the opportunity. Still, most of the females were not allowed or were not given a chance for the same.

It was with the passage of time and the revolutionary acts that happened that the females got an opportunity to stand for themselves. The higher section of the society supported this revolt, and many opposed it. But in the end, revolution for a betterment always pays off on a good note. With the modification in the governmental policies, the democratic exercise of power became viral. Females then started going to schools to get a basic education.

But as we see today's scenario, it totally varies from the one that existed previously. Women have now become part of all the frontline workers. They have revolutionized the education system. They have modified the gender-based biased roles into equally prevailing roles. They have come forward to achieve their goals, although after facing all the allegations and restrictions from a larger part of society. The holistic approach of the individuals towards an equal working environment makes them shine even in the crowd.

As per the Census, the total literacy rate of India is around 74.04%, out of which 82.14% compose the male literacy, and the female literacy rate counts up to 65.46%. Although the female literacy rate has seen a rise in the percentage level, it has not accomplished the goal which was set to have been achieved.

### **Factors Affecting Women's Education**

Females are a very vulnerable section of society. There is a list of factors that creates problems for the education of women. The basic dilemma that lies in educating a female child depends more upon the family to which she belongs rather than the whole society or the whole nation.

The various factors that yet are considered to be the reasons for causing problems in the education of the females are:

1. Social discrimination
2. Gender inequality
3. Economic exploitation

#### Objectives of Women's Education

The unit of National Council for Educational Research and training(NCERT) For Women Education has formulated the following objectives of Women's education.

1. To promote the education and the development of girls.
2. To undertake and promote research in the area of girl's education and development.
3. To develop and apply concepts and methods of women studies.
4. To suitably intervene in the area of policy planning, curriculum and teacher education, for removing gender bias and disparities.
5. To act as a national resource center on girl's education and development.
5. To provide consultancy services in the areas of girl's education and development.

#### Conclusion

Women's education has been the blazing subject matter which attracts world leaders for an insightful discussion all over the globe. People often are careless when it comes to educating a female. The stereotypical mind of the people thinks that educating a girl child will, in turn, affect her way of living and make her way-ward, which is just the opposite of the proposed ideology. Education gives them a chance, the wings, and the hope to look for a better tomorrow.

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