

The study of Social and Mental health of Women living in Matoshree Old Age Home.

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Abstract

Family system has very important place in the Social structure of our traditional Indian society. Ancient Indian traditional social structure of family system was based on the joint family system. Old persons from the family had very much important place. The authority regarding each and every element of the family was in the hands of the most oldest person in the family. It is observe that the family were having nearly 3 to 4 generations. But as the society changed the impact of modern education and western thoughts has changed our tradition family system. The authority regarding each and every element of the family was in the hands of the most oldest person in the family. It is observe that the family were having nearly 3 to 4 generations, but now due to changed situations, impact of urbanization people are unable to take care of old persons. Due to impact of all the above things old age homes has become the need of society. After studding the Matoshree Old Age home, it is found by the researcher that the percentage of women in such Old Age home is more.

Introduction :

According to the census report and according to World Population prospectus UN revision 2006 the population of East in India is currently the second largest in the world. Like Japan in India also the problem of aging is increasing day by day. Due to the easy availability of Medical Services supply of Nutrition and health care facilities and comparatively better overall standard of living has naturally increased the rate of Living and indirectly it has increased percentage of old is persons. As all of we know that aging is a continuous and Universal process. Age old is the last step of human life cycle. Thus the percentage of people living in old age home is increasing day by day.

That's why the researcher has tried to study the Matoshree Vruddhashrama from Kolhapur District. Which is 37 years old Vruddhashrama from Kolhapur. Now due to changed situations, impact of urbanization people are unable to take care of old persons. Due to impact of all the above things old age homes has become the need of society.

Statement of the Problem :

The topic selected for the present research project is “The study of Social and Mental health of Women living in Old Age Home.”The problems of old age people was discussed in the Indian society from the mid of the1990s. Taking in to account the issues of the older citizens, the government made the National Council for Senior Citizens. The policy was implemented from the in 2011 to look after the needs of older people.

The present study focuses on the understanding of the concept of old age. It also tries to understand the problems associated with old age women living in old age homes. It also tries to understand the various provisions that our government has provided to them to protect their rights.

Keywords.

Old Age Home,Matoshree Vruddhashrama

Objectives of the Study

- To study the concept of Old age.
- To study the problems associated with old age Women living in old age homes.
- To study the Mental and Social Health of Women living in Old Age home.

Review of Literature

1)Natsamrat," a Marathi novel by V.V. Shirwadkar (Kusumagraj), is a poignant and deeply moving tale of a once celebrated stage actor, often compared to Shakespeare's King Lear, whose fading glory in his twilight years is marred by the betrayal and neglect of his own children, highlighting the painful reality of familial discord and the harsh consequences of societal disregard for aging artists, making it a classic exploration of human tragedy with universal resonance; despite its melodramatic elements, the play's strength lies in its raw emotional portrayal and its insightful critique of family dynamics within the backdrop of the Marathi theatre world.

2) <https://www.who.int/news-room/fact-sheets/detail/ageing-and-health>

3) <https://www.jpmmh.org/html-article/22122>

Location of the study area

There are major three old age homes associated in Kolhapur District, those are Mauli care centre, Samartha Shravani care centre, and Matoshree Vruddhahram. Taking into account the convenience of the research students Matoshri Vruddhahram. has been selected for the present research study.

Research Design :

It is always observed by the researcher that society is full of various problems and issues. In the field of Social Science there are various research designs such as Descriptive Research Design, Exploratory Research Design, Explanatory Research Design, Survey Research Design, Case study method, Experimental Research Design etc.

Thus taking in to account the current situation of old age Women leaving in old age homes researcher has tried to use Exploratory and Explanatory research design for the current research.

Selection of the sample:

With the help of convenient sample method researcher has Tekken 33 sample from the total 40 sample from the old age home.

10)Data collection: Data will be collected by the primary sources of data collection and at the same time secondary sources of Data Collection.

finding and suggestions:

While taking the interview of the participants living in the old age home the researcher found that there are only 7 male members in the old age home as where there are 33 female members in the old age home. So all the following questions are based on the female persons who live in the old age home.

1)The residence of the old age women

The question was asked to the old age women that whether they live in the old age home willingly

Do you live here willingly?

Sr. No	Live here Willingly	Frequency	Percent
1	Yes	30	90.90
2	No	03	9.09
	Total	33	100

The researcher found that 90.90% respondent said that they live in the old age home by there own will and hardly few respondents said that they don't live there by there own will.That

means that the majority of the respondents are not forced to live there rather they are willingly living there.

2) From how many years do you live here?

The question was asked to the old age women that from how many years they were living in the old age home.

How many years do you live here

Sr. No	Years	Frequency	Percent
1	1 to 5 years	01	3.03
2	6 to 10 years	02	6.06
3	11 to 15 years	05	15.15
4	15-20 years	23	69.69
5	Above 20 years	02	6.06
	Total	33	100

It shows that majority of the respondents 69.69% are living in the old age home from last 15-20 years, as where 15.15% respondents live from last 11-15 years and the percentage of the respondents living from 6-10 years and above 20 years was same. The percentage of the respondents living from last 1-5 years was very low.

3)How do you feel here?

The question was asked to the respondents that How do you feel in the old age home. The majority of the respondents responded that they feel very good in this old age homes. Taking in to account the experience of the Matoshree old age home, all facilities were provided to the old citizens. Thats why majority of the respondents said that they feel good in this Matoshree Vrudhashrama.

4) The reason behind coming to the Matoshree Vrudhashrama?

The question was asked to the respondents that what as the reason behind coming in the Matoshree Vrudhashrama

The reason behind coming to the Matoshree Vrudhashrama

Sr. No	The reason	Frequency	Percent
1	There is no one to take care .	20	60.60
2	Not ready to take responsibility of them	03	9.09
3	By consent	10	30.30
	Total	33	100

It was observed by the researcher that majority of the respondents 60.60% said that there was no one in there house to take care of them. As where 30.30% respondents said that they came to Vrudhashrama by there own consent and that there was no any pressure one them to go to the Vrudhashrama. Hardly few respondents said that there was nobody to take care of them in there house.

5)Whether they take good care of you?

The question was asked to the respondents that whether the members from the Matoshree Vrudhashram take good care of them.

Whether they take good care of you

Sr. No	Live here Willingly	Frequency	Percent
1	Yes	100	100
2	No	NA	NA

	Total	33	100
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The response shows that all the respondents has said that they take good care of the each and every individual who lives in the Vruddhashrama.

6) Are you satisfied here?

The question was asked to the respondents that whether they were satisfied to live in the Matoshree Old age home.

Are you satisfied here?

Sr. No	Live here Willingly	Frequency	Percent
1	Yes	100	100
2	No	NA	NA
	Total	33	100

The answer that got from all the female respondents was that 100% they were satisfied to live in the old age home. There were no any issues in living in the old age home.

Findings-

- 1)Majority of the respondents 90.90% said that they live in old age home willingly.
- 2)Majority of the respondents 69.69% are living in the old age home from last 15-20 years, as where 15.15% respondents live from last 11-15 year
- 3) Majority of the respondents 60.60% said that there was no one in there house to take care of them.
- 4) all the respondents has said that they take good care of the each and every individual who lives in the Vruddhashrama.
- 5) All the respondents were satisfied to live in the old age home. There were no any issues in living in the old age home.

Conclusion

- 1)It is observed by the researcher that Majority of the respondents are living in the old age home by there own consent. They are not pressurized by any body from their family.
- 2)From 15-20 years they are living in this old age home. It shows that they have trust and the work culture of old age home is good ,which doesn't give any chances to any one to see any fault in them.
- 3) It is observed that the major reason behind coming to old age home is that there is no body in there house to look after them.
- 4)The service of Matoshree Vruddhashrama is very good that they take good care of each and every individual of there ashrama.
- 5)All the respondents are satisfied about the service that Matoshree Vruddhashrama provides to Old age citizens.